

## METHODS

# Immunochemical Assay of Glia-Specific Antigens as a Criterion for Blood-Brain Barrier Permeability in Rats during Acute Intoxication with Sodium Barbitol

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Enzyme immunoassay showed penetration of two glia-specific antigens, glial fibrillar acid protein GFAP and specific brain glycoprotein  $\alpha_2$ GP, through the blood-brain barrier in rats treated with toxic doses of sodium barbitol. The permeability of the blood-brain barrier was completely normalized 3 days after treatment. This method can be used in clinical practice for evaluation of the severity of impairment and dynamics of normalization of blood-brain barrier properties during acute intoxication with barbiturates.

**Key Words:** *blood-brain barrier; glia-specific antigens; GFAP and  $\alpha_2$ GP; sodium barbitol*

Overdosage of psychotropic and hypnotic drugs is the most typical cause of drug intoxication. Barbiturates belonging to hypnotic drugs can produce toxic effects on the central nervous system (CNS) and suppress its activity [1,10].

Most reports concerning the effects of barbiturates on the permeability of the blood-brain barrier (BBB) were focused on determination of blood-brain distribution constants for some circulating substances [5] and molecular mechanisms underlying transport of low-molecular-weight substances (sugars, amino acids, *etc.*) through endotheliocyte membranes in brain capillaries [7]. However, there are no data on BBB permeability for low- and high-molecular-weight substances from the brain into the blood during barbiturate treatment.

Nervous tissue-specific marker proteins are of particular interest in this context. These proteins are

present in the plasma in threshold concentrations under normal conditions, but their content sharply increases after exposure to damaging factors enhancing BBB permeability [2,3,8,11].

Here we evaluated the possibility of using enzyme immunoassay of glia-specific antigens (GSA) for evaluation of BBB permeability during acute intoxication with sodium barbitol.

## MATERIALS AND METHODS

Experiments were performed on 130 outbred male albino rats weighing  $200 \pm 20$  g. The rats were kept under natural light-dark cycle and free access to water and food.

Acute intoxication with sodium barbitol was modeled as described elsewhere [1]. Sodium barbitol (10% water solution) was injected intraperitoneally. The rats awoke  $560 \pm 38$  min after injection of 280 mg/kg sodium barbitol (narcotic dose) died from apnea  $163 \pm 18$  min after injection of sodium barbitol (lethal dose).

Thirty rats injected with an equivalent volume of distilled water served as the control. The blood was

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taken 1, 2, 6, 12, 24, 72, and 144 h after injection of sodium barbital in a narcotic dose (10 rats per point). In rats receiving a lethal dose ( $n=30$ ), the blood was taken 1 and 2 h after treatment or after death (10 rats per point).

The blood was taken from the caudal vein. The serum was obtained routinely and stored at  $-18^{\circ}\text{C}$ .

Astrocyte cytoplasmic antigens, glial fibrillary acidic protein (GFAP, molecular weight  $53\pm 5$  kDa) [4] and brain-specific glycoprotein  $\alpha_2$ GP (molecular weight  $50\pm 5$  kDa) [13], were used as markers of BBB permeability (from the brain to the blood). Since these rat proteins immunochemically cross-react with the corresponding human molecules and have similar physicochemical, molecular, and biological properties, we can extrapolate experimental results to processes in the human body.

GSA concentration was measured by sandwich enzyme immunoassay [12]. Monospecific antisera, antibodies against GFAP and  $\alpha_2$ GP, and corresponding conjugates were obtained and GFAP and  $\alpha_2$ GP concentrations were calculated as described elsewhere [2]. The results were analyzed by Student's  $t$  test. The differences were significant at  $p<0.05$ .

## RESULTS

Enzyme immunoassay kits for GSA reliably and reproducibly detect GFAP and  $\alpha_2$ GP in concentrations of 1-128 and 0.9-102 ng/ml, respectively (Fig. 1).

In control rats, the maximum plasma concentrations GFAP and  $\alpha_2$ GP did not exceed 16 and 15.6 ng/ml, respectively (means  $7.6\pm 1.2$  and  $8.0\pm 1.3$  ng/ml, respectively). These values were taken as normal plasma contents of rat GFAP and  $\alpha_2$ GP.

In rats receiving sodium barbital in a narcotic dose, the concentrations of GFAP and  $\alpha_2$ GP increased 1 h postinjection (to  $44.8\pm 2.3$  and  $53.1\pm 1.9$  ng/ml, respectively, Fig. 2), remained practically unchanged from the 2nd to 12th hour ( $69.7\pm 3.1$  and  $69.7\pm 0.8$  ng/ml, respectively), decreased 24 h postinjection (to  $33.77\pm 2.02$  and  $38.13\pm 2.10$  ng/ml, respectively), and did not differ from normal after 72 hours.

In rats receiving sodium barbital in a lethal dose, the concentrations of GFAP and  $\alpha_2$ GP 1 h postinjection increased to  $96.0\pm 3.2$  and  $83.6\pm 2.3$  ng/ml, respectively, and remained unchanged until death (3 h postinjection, Fig. 3).

The increase in plasma GFAP and  $\alpha_2$ GP concentrations in rats receiving sodium barbital in a lethal dose significantly ( $p\leq 0.05$  and  $p<0.002$ , respectively) differed from that in animals receiving a narcotic dose (1 and 2 h after treatment). A 2-fold increase in the dose of sodium barbital promoted penetration of glia-specific marker proteins through BBB into the blood,

optical density units

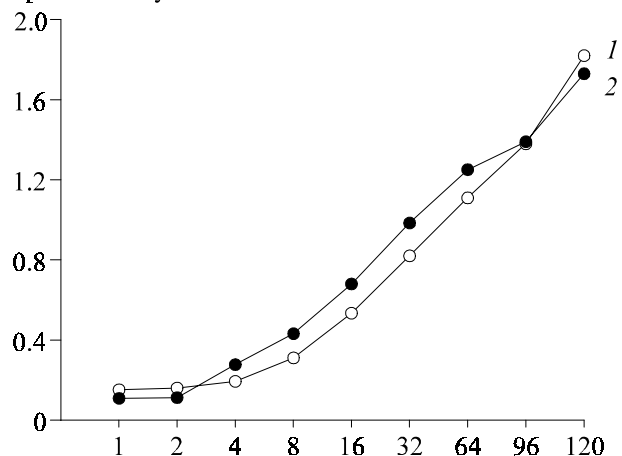


Fig. 1. Calibration curves of GFAP (1) and  $\alpha_2$ GP (2) enzyme immunoassay.

i.e., changes in BBB permeability correlated with the dose of sodium barbital. Therefore, sodium barbital in a toxic dose changed BBB permeability for glia-specific proteins GFAP and  $\alpha_2$ GP. Disturbances in BBB permeability caused by sodium barbital in a narcotic dose persisted for 72 h.

Plasma GFAP and  $\alpha_2$ GP concentrations at the very early stages of acute intoxication (2 h postinjection) 6-9-fold surpassed the control, which indicated severe damage to cell membranes forming BBB. The content of these proteins returned to normal 3 days after treatment, which indirectly indicated recovery of BBB functions.

It was reported that barbiturates in low doses stabilize BBB permeability [9]. Our results agree with the hypothesis of M. Gumerlock, *et al.* [6]. According to this hypothesis, this effect of barbiturates is related to

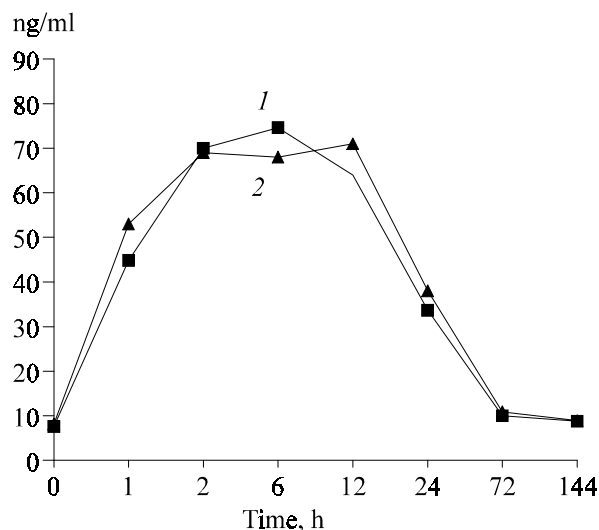
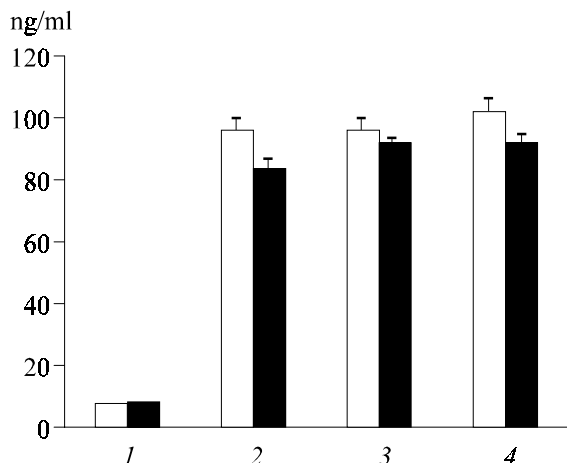


Fig. 2. Dynamics of GFAP (1) and  $\alpha_2$ GP (2) concentrations after injection of sodium barbital in a narcotic dose.



**Fig. 3.** Dynamics of GFAP (light bars) and  $\alpha_2$ GP (dark bars) concentrations after injection of sodium barbital in a lethal dose: control (1), 1 (2) and 2 h after treatment (3), and postmortem (4).

their hypotensive action, rather than to their direct influence on BBB components. By contrast, barbiturates in toxic doses directly affecting cytochrome P-450 metabolism and enzyme systems involved in glycolysis, oxidative phosphorylation, and transmembrane transport can modulate morphofunctional organization of BBB components, change its permeability, which can be evaluated by plasma GSA concentrations.

Our findings suggest that immunochemical analysis of GSA can be used in clinical practice for evaluation of the severity of functional changes in BBB during acute intoxication with barbiturates.

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